

# SPICE OF LYEFE

THE FINEST  
AUTHENTIC  
BALTI RESTAURANT and TAKE-AWAY

01384 823344 or 828050

Day Time 07972 016360

Any dish not seen on the menu is available on request, also any addition can be made at an extra cost of 95p per item. Also Madras 50p extra, Vindaloo £1.00 extra, Faal £1.50 extra, Asian Style £1.00 extra.

## STARTERS

Served with salad

Katlama.....	2.50
Prawn Puree.....	3.75
Shish Kebab.....each	2.05
Shami Kebab.....portion	2.95
Chicken Tikka.....	3.25
Chicken Shashlik.....	4.25
Mushroom Shashlik.....	3.15
Lamb Tikka.....	3.55
Tandoori Chicken.....per 1/4	2.95
Nargis Kebab.....	2.95
Samosa Meat.....portion	2.15
Samosa Vegetable.....portion	2.05
Chicken Samosa.....portion	2.15
Pakora Portion.....	1.35
Chicken Pakora.....	2.35
Onion Bhaji.....	2.60
Tandoori Fish.....	3.25
Prawn Cocktail.....	2.75
Papadam.....	0.75
Chicken Puree.....	3.75
Mushroom Puree.....	3.75
Mix Kebab.....	4.95
King Prawn Butterfly.....	4.25
Stuffed Pepper.....	3.75
(Chicken, Lamb, Vegetable)	
King Prawn Pathia on Puree.....	4.95
Chicken Chat.....	2.95
Garlic Chicken.....	2.50
Fish Chutney.....	3.20

## TANDOORI SPECIALITIES

Served with salad

Tandoori Chicken.....	6.15
Chicken Tikka.....	7.10
Lamb Tikka.....	7.55
Chicken Tikka Shashlik.....	8.25
Mushroom Shashlik.....	6.95
Tandoori Mix Grill.....	9.50
Tandoori King Prawns.....	8.25
Tandoori King Prawn Shashlik.....	8.95
Garlic Chicken Tikka Mushroom.....	8.25
Mix Tara.....	7.95
Tawa Labra.....	7.50
Tandoori Khazana.....	9.95

tandoori chicken, chicken tikka, lamb tikka, shish kebab and king prawn

## KARAI DISHES

Karai dishes prepared exclusively at Spice of Lyefe, cooked fairly dry with extra capsicum and tomatoes.

Chicken Karai.....	6.75
Chicken Tikka Karai.....	7.50
Meat Karai.....	7.95
King Prawn Karai.....	7.95
Vegetable Karai.....	5.50
Lamb Tikka Karai.....	7.50

## CHEFS SPECIALS

Mix Lajuab.....	9.50
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chicken tikka, lamb tikka and king prawn cooked in Spice of Lyefe's own homemade sauce and spices, fairly hot, served with pilau rice or nan.

Chicken Tikka Shashlik Tawa Bhoona.....	10.50
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marinated boneless chicken cooked in a clay oven with capsicum, tomato and onion, then blended again with our homemade sauce, a delightful dish served with pilau rice or nan.

Chicken Tikka Tawa Bhoona.....	9.50
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diced pieces of chicken cooked in a medium spicy sauce, garnished with capsicum, tomato and onion, served with pilau rice or nan.

Murgi Masallam.....	10.50
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off the bone tandoori chicken cooked with minced meat in a medium sauce, a fairly dry dish recommended to all those who love Indian cuisine, served with pilau rice or nan.

Shahi Chicken Korma.....	8.50
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tender meat cooked with pickles in a medium hot sauce, served with pilau rice or nan.

Meat Mashroom.....	6.95
Meat Spinach.....	6.95
Meat Vegetable.....	6.95
Meat Aloo.....	6.95
Meat Prawn.....	7.20
Meat Special (chicken, lamb, prawn).....	7.25
Meat Moglai (cooked with an egg).....	6.95
Meat Pasanda (very mild dish).....	6.95
Methi Gusth.....	7.15
Meat Madras.....	6.95

## BALTI PATHIA

Hot, sweet and sour

Balti Chicken Pathia.....	6.15
Balti Meat Pathia.....	6.95
Balti Prawn Pathia.....	6.20
Balti King Prawn Pathia.....	7.95
Balti Keema Pathia.....	6.50
Balti Vegetable Pathia.....	5.20
Balti Chicken Tikka Pathia.....	6.95
Balti Tandoori Chicken Pathia.....	7.15

## BALTI MEAT

Medium Hot

Balti Meat.....	6.50
Balti Meat Mushroom.....	6.95
Balti Meat Spinach.....	6.95
Balti Meat Vegetable.....	6.95
Balti Meat Aloo.....	6.95
Balti Meat Prawn.....	7.20
Balti Special (chicken, lamb, prawn).....	7.25
Balti Meat Moglai (cooked with an egg).....	6.95
Balti Meat Pasanda (very mild dish).....	6.95
Balti Methi Gusth.....	7.15
Balti Meat Madras.....	6.95

## BALTI KEEMA

Mince - Medium Hot

Balti Keema.....	5.95
Balti Keema Mushroom.....	6.15
Balti Keema Spinach.....	6.15
Balti Keema Vegetable.....	6.15
Balti Keema Dal.....	6.15
Balti Keema Prawn.....	6.95

## BALTI LAMB TIKKA MASALA

Light, spicy and sweet

Balti Lamb Tikka Masala.....	6.35
Balti Lamb Tikka Masala Mushroom.....	7.10
Balti Lamb Tikka Masala Spinach.....	7.10
Balti Lamb Tikka Masala Vegetable.....	7.10
Balti Lamb Tikka Masala Chana.....	7.10
Balti Lamb Tikka Masala Dal.....	7.10
Balti Lamb Tikka Masala Aloo.....	7.10
Balti Lamb Tikka Masala Prawn.....	7.95
Balti Lamb Tikka Masala Tropical.....	7.95

## BALTI CHICKEN TIKKA

Medium

Balti Chicken Tikka.....	6.10
Balti Chicken Tikka Mushroom.....	6.80
Balti Chicken Tikka Spinach.....	6.80
Balti Chicken Tikka Vegetable.....	6.80
Balti Chicken Tikka Chana.....	6.80
Balti Chicken Tikka Dal.....	6.80
Balti Chicken Tikka Aloo.....	6.80
Balti Chicken Tikka Prawn.....	7.15
Balti Chicken Tikka Moglai.....	7.15
Balti Chicken Tikka Pasanda.....	7.15
Balti Tandoori Chicken Garlic.....	6.95
Balti Chicken Tikka Keema.....	7.75

## BALTI CHICKEN TIKKA MASALA

Light, spicy and sweet

Balti Chi. Tikka Masala.....	6.20
Balti Chi. Tikka Masala Mushroom.....	6.95
Balti Chi. Tikka Masala Spinach.....	6.95
Balti Chi. Tikka Masala Vegetable.....	6.95
Balti Chi. Tikka Masala Dal.....	6.95
Balti Chi. Tikka Masala Aloo.....	6.95
Balti Chi. Tikka Masala Prawn.....	7.25
Balti Chi. Tikka Masala Tropical.....	7.75
Balti Tandoori King Prawn Masala.....	7.95
Balti Tandoori King Prawn and Mushroom.....	7.95
Balti Prawn Doplaza.....	6.95
Balti Tandoori Chicken Masala.....	6.95

## BALTI LAMB TIKKA

Medium

Balti Lamb Tikka.....	6.20
Balti Lamb Tikka Mushroom.....	6.85
Balti Lamb Tikka Spinach.....	6.85
Balti Lamb Tikka Vegetable.....	6.85
Balti Lamb Tikka Dal.....	6.85
Balti Lamb Tikka Aloo.....	6.85
Balti Lamb Tikka Prawn.....	7.95
Balti Lamb Tikka Moglai.....	7.25
Balti Lamb Tikka Pasanda.....	7.20

## BALTI PRAWN

Medium Hot

Balti Prawn.....	5.50
Balti Prawn Mushroom.....	5.95
Balti Prawn Spinach.....	5.95
Balti Prawn Vegetable.....	5.95
Balti Prawn Dal.....	5.95
Balti Prawn Aloo.....	5.95

## BALTI KING PRAWN

Medium Hot

Balti King Prawn.....	6.95
Balti King Prawn Mushroom.....	7.95
Balti King Prawn Spinach.....	7.95
Balti King Prawn Vegetable.....	7.95
Balti King Prawn Dal.....	7.95
Balti King Prawn Aloo.....	7.95

## BALTI JALFRAZI

Slightly Hot, garnished with fresh spring onions, capsicums and green chilli

Balti Chicken Jalfrazi.....	6.15
Balti Meat Jalfrazi.....	6.95
Balti Prawn Jalfrazi.....	5.75
Balti King Prawn Jalfrazi.....	7.95
Balti Keema Jalfrazi.....	6.50
Balti Vegetable Jalfrazi.....	5.20
Balti Chicken Tikka Jalfrezi.....	6.95

## BALTI KORMA

Very mild dish

Balti Chicken Korma.....	6.15
Balti Meat Korma.....	6.95
Balti Prawn Korma.....	5.75
Balti King Prawn Korma.....	7.95
Balti Keema Korma.....	6.50
Balti Vegetable Korma.....	5.20
Balti Chicken Tikka Korma.....	6.95

## BALTI DOPIAZA

Medium with diced and spiced onion

Balti Chicken Doplaza.....	6.15
Balti Meat Doplaza.....	6.95
Balti Prawn Doplaza.....	5.75
Balti King Prawn Doplaza.....	7.95
Balti Keema Doplaza.....	6.50
Balti Vegetable Doplaza.....	5.20
Balti Chicken Tikka Doplaza.....	6.95

## BALTI DHANSAK

Hot, sweet and sour dish with lentils and pineapple

Balti Chicken Dhansak.....	6.15
Balti Meat Dhansak.....	6.95
Balti Prawn Dhansak.....	5.95
Balti King Prawn Dhansak.....	7.95
Balti Keema Dhansak.....	6.50
Balti Vegetable Dhansak.....	5.20
Balti Chicken Tikka Dhansak.....	6.95

## BALTI ROGAN JOSH

Medium, cooked with peppers, tomatoes, onions, herbs and spices

Balti Chicken Rogan Josh.....	6.15
Balti Meat Rogan Josh.....	6.95
Balti Prawn Rogan Josh.....	5.95
Balti King Prawn Rogan Josh.....	7.95
Balti Keema Rogan Josh.....	6.50
Balti Vegetable Rogan Josh.....	5.20
Balti Chicken Tikka Rogan Josh.....	6.95

## BALTI BHUNA

Cooked slightly dry

Balti Chicken Bhuna.....	6.15
Balti Meat Bhuna.....	7.15
Balti Keema Bhuna.....	6.50
Balti Prawn Bhuna.....	6.75
Balti King Prawn Bhuna.....	7.95
Balti Tandoori Chicken Bhuna.....	7.15
Balti Chicken Tikka Bhuna.....	6.95

## BALTI VEGETABLE

Balti Mixed Vegetable.....	5.10
Balti Mushroom.....	5.10
Balti Spinach.....	5.10
Balti Aloo.....	5.10
Balti Tarka Dal.....	5.10
Balti Mushroom and Spinach.....	5.25
Balti Chana and Aloo.....	5.25
Balti Aloo and Peas.....	5.25
Balti Spinach and Chana.....	5.25
Balti Tropical Vegetable.....	5.95
Also available as side dishes.....	3.25

## BIRIANI DISHES

served with vegetable curry

Lamb Tikka Biriiani.....	7.95
Chicken Biriiani.....	7.15
Chicken Tikka Biriiani.....	7.75
Meat Biriiani.....	7.95
Prawn Biriiani.....	7.25
King Prawn Biriiani.....	7.95
Mushroom Biriiani.....	5.95
Vegetable Biriiani.....	5.95
Tropical Biriiani Vegetable.....	6.10
Tropical Biriiani Meat (meat, chicken & prawns).....	8.15
Tandoori Chicken Biriiani.....	7.95
House Special Biriiani.....	10.95
Keema Biriiani.....	7.50

## ENGLISH DISHES

served with chips and salad

Mushroom Omelette.....	6.50
Chicken Omelette.....	6.50
Fried Chicken.....	6.50
Scampi.....	6.95

## SUNDRIES

Coriander Nan.....	2.50
Nan Plain.....	1.85
Nan Plain Medium.....	4.20
Nan Plain Large.....	5.20
Mushroom Nan.....	2.50
Garlic Nan.....	2.75
Keema Nan.....	2.50
Cheese Nan.....	2.50
Peshwari Nan.....	2.50
Chilli Cheese Nan.....	2.75
Special Garlic Nan.....	2.95
Chicken Nan.....	2.75
Onion Kulcha.....	2.35
Egg Fried Rice.....	0.95
Vegetable Paratha.....	2.95
Paratha.....	2.15
Peas Rice.....	2.50
Keema Rice.....	2.85
Boiled Rice.....	2.20
Fried Rice.....	2.40
Special Rice.....	2.95
Pilau Rice.....	2.40
Egg Fried Rice.....	2.85
Mushroom Rice.....	2.85
Chicken Fried Rice.....	2.85
Chips.....	1.75
Mixed Pickle (tray).....	1.50
Mango Chutney.....	0.95
Curry Sauce.....	1.95
Onion Salad.....	0.50
Tandoori Roti.....	1.40
Medium Stuffed Nan.....	6.20
Large Stuffed Nan.....	7.20

## DRINKS

Coca Cola.....	1.50
Coca Cola (pint).....	2.75
Lassi Jug Sweet.....	4.95
Lassi Jug Salted.....	4.50
Mango or Orange Juice/Mineral Water.....	1.50